



In addition to a healthy lifestyle, preventive medications can help people avoid many illnesses and conditions. A consumer-directed health (CDH) plan that includes preventive medications can help support the goal of ongoing good health.

This list provides examples of your plan's preventive medications by drug category. This is *not* an all-inclusive list. Medications may be added to or removed from the list, depending on different factors, including the intended purpose of the medication and its availability.

Preventive medications are divided by drug category. This list includes both medications that are always prescribed for prevention and medications that are sometimes prescribed for prevention but may also be prescribed for treatment of an existing condition.

The medications listed in parenthesis are the names of the Brand drugs. We have instituted "Preferred Drug Step Therapy", which means that members who have been prescribed a preventive medication must choose the generic drug. If they are enrolled in Consumer Choice the preventive generic drug is at no charge.

**Medications on this list that are not covered under your plan are not eligible for the preventive medication program.**

## Preventive Meds List

Drug Category	Example Medications
<b>Anticoagulants/ antiplatelets</b>	<ul style="list-style-type: none"> <li>• aspirin/dipyridamole (<i>Aggrenox</i>®)</li> <li>• clopidogrel (<i>Plavix</i>®)</li> <li>• dipyridamole (<i>Persantine</i>®)</li> <li>• prasugrel (<i>Effient</i>™)</li> <li>• ticlopidine (<i>Ticlid</i>®)</li> <li>• warfarin (<i>Coumadin</i>®, <i>Jantoven</i>®)</li> </ul>
<b>Antiemetics/ antivertigo agents</b>	<ul style="list-style-type: none"> <li>• aprepitant (<i>Emend</i>®)</li> <li>• dimenhydrinate</li> <li>• dolasetron (<i>Anzemet</i>®)</li> <li>• dronabinol (<i>Marinol</i>®)</li> <li>• granisetron (<i>Kytril</i>®, <i>Sancuso</i>®)</li> <li>• meclizine (<i>Antivert</i>®)</li> <li>• ondansetron (<i>Zofran</i>®, <i>Zofran ODT</i>®)</li> <li>• palonosetron (<i>Aloxi</i>®)</li> <li>• prochlorperazine (<i>Compazine</i>®)</li> <li>• promethazine (<i>Phenergan</i>®)</li> <li>• scopolamine (<i>Transderm Scop</i>®, <i>Scopace</i>®)</li> <li>• trimethobenzamide (<i>Tigan</i>®)</li> </ul>
<b>Antiestrogens</b>	<ul style="list-style-type: none"> <li>• anastrozole (<i>Arimidex</i>®)</li> <li>• exemestane (<i>Aromasin</i>®)</li> <li>• letrozole (<i>Femara</i>®)</li> <li>• tamoxifen (<i>Nolvadex</i>®)</li> <li>• Raloxifene (<i>Evista</i>)</li> </ul>
<b>Antihypertensives</b>	<ul style="list-style-type: none"> <li>• ACE inhibitors: benazepril (<i>Lotensin</i>®); benazepril-HCTZ (<i>Lotensin HCT</i>®); captopril (<i>Capoten</i>®); captopril-HCTZ (<i>Capozide</i>®); enalapril (<i>Vasotec</i>®); enalapril-HCTZ (<i>Vaseretic</i>®); fosinopril (<i>Monopril</i>®); fosinopril-HCTZ (<i>Monopril-HCT</i>®); lisinopril (<i>Prinivil</i>®, <i>Zestril</i>®); lisinopril-HCTZ (<i>Prinzide</i>®, <i>Zestoretic</i>®); moexipril (<i>Univasc</i>®); moexipril-HCTZ (<i>Uniretic</i>®); perindopril (<i>Aceon</i>®); quinapril (<i>Accupril</i>®); quinapril-HCTZ (<i>Accuretic</i>®); ramipril (<i>Altace</i>®);trandolapril (<i>Mavik</i>®)</li> <li>• Angiotensin II receptor blockers: candesartan (<i>Atacand</i>®); candesartan-HCTZ (<i>Atacand HCT</i>®); eprosartan (<i>Teveten</i>®); eprosartan-HCTZ (<i>Teveten HCT</i>®); irbesartan (<i>Avapro</i>®); irbesartan-HCTZ (<i>Avalide</i>®); losartan (<i>Cozaar</i>®); losartan-HCTZ (<i>Hyzaar</i>®); olmesartan (<i>Benicar</i>®); olmesartan-HCTZ (<i>Benicar HCT</i>®); telmisartan (<i>Micardis</i>®); telmisartan-HCTZ (<i>Micardis HCT</i>®); valsartan (<i>Diovan</i>®); valsartan-HCTZ</li> </ul>

## Preventive Meds List

Drug Category	Example Medications
<b>Antihypertensives (continued)</b>	<p>(<i>Diovan HCT</i><sup>®</sup>)</p> <ul style="list-style-type: none"> <li>• Beta-blockers: acebutolol (<i>Sectra</i><sup>®</sup>); atenolol (<i>Tenormin</i><sup>®</sup>); atenololchlorthalidone (<i>Tenoretic</i><sup>®</sup>); betaxolol (<i>Kerlone</i><sup>®</sup>); bisoprolol (<i>Zebeta</i><sup>®</sup>); bisoprolol-HCTZ (<i>Ziac</i><sup>®</sup>); labetalol (<i>Normodyne</i><sup>®</sup>, <i>Trandate</i><sup>®</sup>); metoprolol (<i>Lopressor</i><sup>®</sup>, <i>Toprol-XL</i><sup>®</sup>); metoprolol-HCTZ (<i>Lopressor HCT</i><sup>®</sup>); nadolol (<i>Corgard</i><sup>®</sup>); nadolol-bendroflumethiazide (<i>Corzide</i><sup>®</sup>); nebivolol (<i>Bystolic</i><sup>TM</sup>); penbutolol (<i>Levato</i><sup>®</sup>); pindolol (<i>Visken</i><sup>®</sup>); propranolol (<i>Inderal</i><sup>®</sup> LA, <i>InnoPran XL</i><sup>®</sup>); timolol; timolol-HCTZ</li> <li>• Calcium channel blockers: amlodipine (<i>Norvasc</i><sup>®</sup>); diltiazem (<i>Cardizem</i><sup>®</sup>, <i>Cardizem</i><sup>®</sup> CD, <i>Cardizem</i><sup>®</sup> SR, <i>Cartia XT</i><sup>®</sup>, <i>Tiazac</i><sup>®</sup>); felodipine (<i>Plendil</i><sup>®</sup>); isradipine (<i>DynaCirc</i><sup>®</sup>, <i>DynaCirc CR</i><sup>®</sup>); nicardipine (<i>Cardene</i><sup>®</sup> SR); nifedipine (<i>Adalat</i><sup>®</sup>, <i>Adalat</i><sup>®</sup> CC, <i>Procardia</i><sup>®</sup>, <i>Procardia XL</i><sup>®</sup>); nisoldipine (<i>Sular</i><sup>®</sup>); verapamil (<i>Calan</i><sup>®</sup>, <i>Calan</i><sup>®</sup> SR, <i>Covera-HS</i><sup>®</sup>, <i>Isoptin SR</i><sup>®</sup>, <i>Verelan</i><sup>®</sup>, <i>Verelan PM</i><sup>®</sup>)</li> </ul> <p>Miscellaneous antihypertensives: aliskiren (<i>Tektuma</i><sup>®</sup>); aliskiren-HCTZ (<i>Tektuma HCT</i><sup>®</sup>); carvedilol (<i>Coreg</i><sup>®</sup>, <i>Coreg CR</i><sup>®</sup>); clonidine (<i>Catapres</i><sup>®</sup>); clonidine-chlorthalidone (<i>Combipres</i><sup>®</sup>, <i>Clorpres</i><sup>®</sup>); doxazosin (<i>Cardura</i><sup>®</sup>); enalapril-felodipine; hydralazine (<i>Apresoline</i><sup>®</sup>); methyldopa (<i>Aldomet</i><sup>®</sup>); methyldopa-HCTZ; prazosin (<i>Minipress</i><sup>®</sup>); terazosin (<i>Hytrin</i><sup>®</sup>); trandolapril-verapamil (<i>Tarka</i><sup>®</sup>); amlodipine/benazepril (<i>Lotrel</i><sup>®</sup>); amlodipine/valsartan (<i>Exforge</i><sup>®</sup>)</p> <ul style="list-style-type: none"> <li>• Thiazide diuretics and related diuretics: amiloride; amiloride-HCTZ; eplerenone (<i>Inspra</i><sup>®</sup>); hydrochlorothiazide; indapamide; metolazone (<i>Zaroxolyn</i><sup>®</sup>); spironolactone (<i>Aldactone</i><sup>®</sup>); spironolactone-HCTZ (<i>Aldactazide</i><sup>®</sup>); triamterene (<i>Dyrenium</i><sup>®</sup>); triamterene-HCTZ (<i>Dyazide</i><sup>®</sup>, <i>Maxzide</i><sup>®</sup>)</li> </ul>
<b>Anti-infectives</b>	<ul style="list-style-type: none"> <li>• atovaquone (<i>Mepron</i><sup>®</sup>)</li> <li>• pentamidine (<i>NebuPent</i><sup>®</sup>, <i>Pentam</i><sup>®</sup>)</li> </ul> <p>posaconazole (<i>Noxafil</i><sup>®</sup>)</p>
<b>Antimalarials</b>	<ul style="list-style-type: none"> <li>• artemether/lumefantrine (<i>Coartem</i><sup>®</sup>)</li> <li>• atovaquone/proguanil (<i>Malarone</i><sup>®</sup>)</li> <li>• chloroquine (<i>Aralen</i><sup>®</sup>)</li> <li>• hydroxychloroquine (<i>Plaquenil</i><sup>®</sup>)</li> <li>• mefloquine (<i>Lariam</i><sup>®</sup>)</li> <li>• primaquine</li> </ul>

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	<ul style="list-style-type: none"> <li>• pyrimethamine (<i>Daraprim</i><sup>®</sup>)</li> <li>• pyri methami ne-sulfadoxi ne (<i>Fansidar</i><sup>®</sup>)</li> <li>quinine (<i>Qualaquin</i><sup>®</sup>)</li> </ul>
<b>Antiulcer Agents</b>	<ul style="list-style-type: none"> <li>• H<sup>2</sup>-antagonists: cimetidine (<i>Tagamet</i><sup>®</sup>); famotidine (<i>Pepcid</i><sup>®</sup>); nizatidine (<i>Axid</i><sup>®</sup>); ranitidine (<i>Zantac</i><sup>®</sup>)</li> <li>• Miscellaneous agents: misoprostol (<i>Cytotec</i><sup>®</sup>); sucralfate (<i>Cara fate</i><sup>®</sup>)</li> <li>Proton pump inhibitors: dexlansoprazole (<i>Kapidex</i><sup>TM</sup>); esomeprazole (<i>Nexium</i><sup>®</sup>); lansoprazole (<i>Prevacid</i><sup>®</sup>); omeprazole (<i>Prilosec</i><sup>®</sup>); pantoprazole (<i>Protonix</i><sup>®</sup>); rabeprazole (<i>AcipHex</i><sup>®</sup>)</li> </ul>
<b>Antivirals</b>	<ul style="list-style-type: none"> <li>• acyclovir (<i>Zovirax</i><sup>®</sup>)</li> <li>• amantadine</li> <li>• famciclovir (<i>Famvir</i><sup>®</sup>)</li> <li>• foscarnet (<i>Foscavir</i><sup>®</sup>)</li> <li>• ganciclovir (<i>Cytovene</i><sup>®</sup>)</li> <li>• oseltamivir (<i>Tamiflu</i><sup>®</sup>)</li> <li>• rimantadine (<i>Flumadine</i><sup>®</sup>)</li> <li>• valacyclovir (<i>Valtrex</i><sup>®</sup>)</li> <li>• valganciclovir (<i>Valcyte</i><sup>®</sup>)</li> <li>• zanamivir (<i>Relenza</i><sup>®</sup>)</li> </ul>
<b>Asthma Therapies</b>	<ul style="list-style-type: none"> <li>• montelukast (<i>Singulair</i><sup>®</sup>)</li> <li>• zafirlukast (<i>Accolate</i><sup>®</sup>)</li> <li>zileuton (<i>Zyflo CRTM</i>)</li> </ul>
<b>Bowel Evacuation</b>	<ul style="list-style-type: none"> <li>• polyethylene glycol 3350 combination products (<i>Colyte</i><sup>®</sup>, <i>Golytely</i><sup>®</sup>, <i>HalfLytely</i><sup>®</sup>, <i>Nulytely</i><sup>®</sup>, <i>Trilyte</i><sup>®</sup>, <i>Moviprep</i><sup>®</sup>)</li> <li>sodium phoshate salts (<i>Visicol</i><sup>®</sup>, <i>Osmoprep</i><sup>®</sup>)</li> </ul>
<b>Calcium Replacement Products</b>	<ul style="list-style-type: none"> <li>• calcium acetate (<i>PhosLo</i><sup>®</sup>)</li> <li>• calcium carbonate</li> <li>• calcium citrate</li> <li>calcium gluconate</li> </ul>
<b>Cancer Adjunctive Agents</b>	<ul style="list-style-type: none"> <li>• amifostine (<i>Ethyol</i><sup>®</sup>)</li> <li>• darbepoetin alfa (<i>Aranesp</i><sup>®</sup>)</li> <li>• dexrazoxane (<i>Zinecard</i><sup>®</sup>, <i>Totect</i><sup>TM</sup>)</li> <li>• epoeti n alfa (<i>Epogen</i><sup>®</sup>, <i>Procrit</i><sup>®</sup>)</li> <li>• filgrastim (<i>Neupogen</i><sup>®</sup>)</li> <li>• leucovorin</li> <li>• mesna (<i>Mesnex</i><sup>®</sup>)</li> <li>• pegfilgrastim (<i>Neulasta</i><sup>®</sup>)</li> <li>• sargramostim (<i>Leukine</i><sup>®</sup>)</li> </ul>

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<b>Cholesterol Lowering Agents</b>	<ul style="list-style-type: none"> <li>• atorvastatin/amlodipine (<i>Caduet</i><sup>®</sup>)</li> <li>• cholestyramine (<i>Prevalite</i><sup>®</sup>; <i>Questran</i><sup>®</sup>; <i>Questran</i><sup>®</sup> Light)</li> <li>• colestevlam (<i>WelChol</i><sup>®</sup>)</li> <li>• colestipol (<i>Colestid</i><sup>®</sup>)</li> <li>• ezetimibe (<i>Zetia</i><sup>®</sup>)</li> <li>• ezetimibe/simvastatin (<i>Vytorin</i><sup>®</sup>)</li> <li>• fenofibrate (<i>Antara</i><sup>®</sup>, <i>Fenoglide</i>TM, <i>Lipofen</i><sup>®</sup>, <i>Lofibra</i><sup>®</sup>, <i>TriCor</i><sup>®</sup>)</li> <li>• fenofibric acid (<i>TriLipix</i>TM)</li> <li>• gemfibrozil (<i>Lopid</i><sup>®</sup>)</li> <li>• HMG-coA reductase inhibitors: atorvastatin (<i>Lipitor</i><sup>®</sup>); fluvastatin (<i>Lescol</i><sup>®</sup>, <i>Lescol</i><sup>®</sup> XL); Lovastatin (<i>Mevacor</i><sup>®</sup>, <i>Altoprev</i><sup>®</sup>); pitavastatin (<i>Livalo</i><sup>®</sup>); pravastatin (<i>Pravachol</i><sup>®</sup>); rosuvastatin (<i>Crestor</i><sup>®</sup>); simvastatin (<i>Zocor</i><sup>®</sup>)</li> <li>• niacin (<i>Niacor</i><sup>®</sup>, <i>Niaspan</i><sup>®</sup>); niacin/lovastatin (<i>Advicor</i><sup>®</sup>); niacin ER/simvastatin (<i>Simcor</i><sup>®</sup>)</li> <li>• omega-3-acid ethyl esters (<i>Omacor</i><sup>®</sup>)</li> </ul>
<b>Contraceptives, Oral (Covered spouses only at Medco at Mail)</b>	<ul style="list-style-type: none"> <li>• <i>Apri</i><sup>®</sup></li> <li>• <i>Estrostep Fe</i><sup>®</sup></li> <li>• <i>Lybrel</i><sup>®</sup></li> <li>• <i>Ortho Tri-Cyclen</i><sup>®</sup></li> <li>• <i>Ortho Tri-Cyclen</i><sup>®</sup> Lo</li> <li>• <i>Ovcon</i><sup>®</sup></li> <li>• <i>Seasonale</i><sup>®</sup></li> <li>• <i>TriNessa</i><sup>®</sup></li> <li>• <i>Trivora</i><sup>®</sup></li> <li>• <i>Yasmin</i><sup>®</sup></li> <li>• <i>Seasonique</i><sup>®</sup></li> <li>• <i>YAZ</i><sup>®</sup></li> </ul>
<b>Dental Aids</b>	minocycline ( <i>Arestin</i> <sup>®</sup> )
<b>Estrogen Replacement Products</b>	<ul style="list-style-type: none"> <li>• conjugated estrogens (<i>Premarin</i><sup>®</sup>)</li> <li>• esterified estrogens/methyltestosterone (<i>Estratest</i><sup>®</sup>, <i>Estratest</i><sup>®</sup> H.S., <i>Syntest</i>TM)</li> <li>• estradiol (<i>Alora</i><sup>®</sup>, <i>Climara</i><sup>®</sup>, <i>Estrace</i><sup>®</sup>, <i>Estraderm</i><sup>®</sup>, <i>Vivelle</i><sup>®</sup>)</li> <li>• estradiol gel (<i>Estroge</i><sup>®</sup>, <i>Elestrin</i>TM, <i>Divigel</i><sup>®</sup>)</li> <li>• estradiol acetate (<i>Femtrace</i><sup>®</sup>, <i>Femring</i><sup>®</sup>)</li> <li>• estradiol/levonorgestrel (<i>Climara Pro</i><sup>®</sup>)</li> <li>• estradiol MTDS (<i>Evamist</i>TM)</li> <li>• estradiol/norethindrone (<i>Activella</i><sup>®</sup>, <i>CombiPatch</i><sup>®</sup>)</li> <li>• estradiol/norgestimate (<i>Ortho-Prefest</i><sup>®</sup>)</li> </ul>

## Preventive Meds List

Drug Category	Example Medications
<b>Estrogen Replacement Products</b>	<ul style="list-style-type: none"> <li>• estrogen/medroxyprogesterone (<i>Premphase</i>® , <i>Prempro</i>™)</li> <li>• ethinyl estradiol/norethindrone (<i>Fem hrt</i>®)</li> <li>• synthetic conjugated estrogens, A (<i>Cenestin</i>®)</li> <li>• synthetic conjugated estrogens, B (<i>Enjuvia</i>™)</li> </ul>
<b>Fluoride Preparations (Pediatric Only)</b>	<ul style="list-style-type: none"> <li>• <i>Cavarest Gel</i>™</li> <li>• <i>Easygel</i>™</li> <li>• <i>EtheDent</i>™</li> <li>• <i>Fluoritab</i>™</li> <li>• <i>Luride Lozi-Tabs</i>®</li> <li>• <i>Neutragard</i>®</li> <li>• <i>Phos-Flur</i>®</li> <li>• sodium fluoride</li> <li>• <i>Gel-Kam</i>®</li> <li>• <i>PreviDent</i>® Rinse</li> </ul>
<b>Gout</b>	<ul style="list-style-type: none"> <li>• allopurinol (<i>Zyloprim</i>®)</li> <li>• febuxostat (<i>Uloric</i>®)</li> </ul>
<b>Heparin/low molecular weight heparin products</b>	<ul style="list-style-type: none"> <li>• heparin</li> <li>• low-molecular-weight heparin: dalteparin (<i>Fragmin</i>®); enoxaparin (<i>Lovenox</i>®); fondaparinux (<i>Arixtra</i>®); tinzaparin (<i>Innohep</i>®)</li> </ul>
<b>Magnesium Replacement Products</b>	<ul style="list-style-type: none"> <li>• magnesium gluconate</li> <li>• magnesium oxide</li> </ul>
<b>Misc. Agents</b>	<ul style="list-style-type: none"> <li>• isosuprine (<i>Vasodilan</i>®)</li> <li>• hepatitis B immune globulin (<i>HepaGam B</i>™)</li> </ul>
<b>Osteoporosis</b>	<ul style="list-style-type: none"> <li>• alendronate (<i>Fosamax</i>®); alendronate/cholecalciferol (<i>Fosamax Plus DTM</i>)</li> <li>• calcitonin (<i>Fortical</i>®, <i>Miacalcin</i>®)</li> <li>• etidronate (<i>Didronel</i>®)</li> <li>• ibandronate (<i>Boniva</i>®)</li> <li>• raloxifene (<i>Evista</i>®)</li> <li>• risedronate (<i>Actonel</i>®)</li> <li>• zoledronic acid (<i>Reclast</i>®)</li> </ul>
<b>Phosphate/potassium replacement products</b>	<ul style="list-style-type: none"> <li>• potassium bicarbonate/citric acid (<i>Effer-K</i>®, <i>K-Lyte</i>®)</li> <li>• potassium chloride (<i>K-Dur</i>®, <i>K-Tab</i>®, <i>Klotrix</i>®, <i>Klor-Con</i>®, <i>Slow-K</i>®)</li> <li>• potassium gluconate</li> <li>• potassium phosphate (<i>Neutra-Phos</i>® K)</li> <li>• potassium and sodium phosphate (<i>K-Phos</i>® Neutral, <i>Neutra-Phos</i>®)</li> <li>• sodium phosphate</li> </ul>

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Drug Category	Example Medications
<b>Prenatal Vitamins</b>	<ul style="list-style-type: none"> <li>• <i>Nata chew</i><sup>®</sup></li> <li>• <i>Nata fort</i><sup>®</sup></li> <li>• <i>Natelle</i><sup>®</sup></li> <li>• <i>Pre Care</i><sup>®</sup></li> <li>• <i>Prenatal Plus</i><sup>®</sup>, <i>Prenatal RXTM</i></li> <li>• <i>Prima Care</i><sup>®</sup></li> <li>• <i>Vita fol-OBTM</i></li> </ul>
<b>Progestins</b>	<ul style="list-style-type: none"> <li>• medroxyprogesterone (<i>Cycrin</i><sup>®</sup>, <i>DepoProvera</i><sup>®</sup>, <i>Provera</i><sup>®</sup>)</li> <li>• norethindrone (<i>Aygestin</i><sup>®</sup>)</li> <li>• progesterone</li> <li>• progesterone, micronized (<i>Crinone</i><sup>®</sup>, <i>Prochieve</i><sup>®</sup>, <i>Prometrium</i><sup>®</sup>)</li> </ul>
<b>Renal Disease Agents</b>	<ul style="list-style-type: none"> <li>• lanthanum (<i>Fosrenol</i><sup>®</sup>)</li> <li>• sevelamer (<i>Renage</i><sup>®</sup>)</li> <li>• sevelamer carbonate (<i>Renvela</i><sup>®</sup>)</li> </ul>
<b>Smoking Cessation</b>	<ul style="list-style-type: none"> <li>• bupropion (<i>Zyban</i><sup>®</sup>)</li> <li>• nicotine products (<i>Nicotrol</i><sup>®</sup> <i>Inhaler</i>, <i>Nicotrol</i><sup>®</sup> <i>Nasal Spray</i>)</li> <li>• varenicline (<i>Chantix</i>TM)</li> </ul>
<b>Zinc Replacement Products</b>	<ul style="list-style-type: none"> <li>• zinc gluconate</li> <li>• zinc sulfate</li> </ul>

Abbreviations: HCTZ = hydrochlorothiazide

[www.medco.com](http://www.medco.com)

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