

The list below is not intended to be all-inclusive, but is rather to identify frequently purchased items eligible for reimbursement from a Health Care Flexible Spending Account. This list is subject to change per IRS rulings or interpretation.

I. Eligible OTC Medical Expenses	
Acne treatment	
Allergy relief (Oral medications, nasal sprays, patches, etc.)	
Analgesics (aspirin, acetaminophen, ibuprofen, etc.)	
Antacids and heartburn relief (acid reducers, liquid, tablets, etc.)	
Antibiotic creams and ointments	
Anti-itch and hydrocortisone creams, hemorrhoid preparations	
Arthritis pain-relief	
Cold medicines (tables, syrups, drops, lozenges, chest rub, inhaler, sinus, allergy medications, etc.)	
Ear care (ear drops, ear wax removal, ear plugs, etc)	
Eye care (contact lenses, solution, lubricant, reading glasses, etc.)	
Family planning (condoms, contraceptive creams, etc)	
Feminine care (vaginal infections treatments, creams, etc)	
First aid (bandages, tape, gauze dressing, adhesive pads, Band-Aids, rubbing alcohol, hot/cold packs, muscle/joint creams, etc.)	
Foot Care (antifungal creams, athletes' foot cream, arch/insole supports, callous/bunion removers, etc.)	
Home diagnostic tests or kits (blood pressure monitor, diabetes, HIV, cholesterol, thermometers, etc)	
Incontinence products (Depends, Serenity pads, etc.)	
Joint-support bandages and hosiery (wrist/knee/elbow/ankle, etc.)	
Laxatives (pinworm treatment, suppositories, etc)	
Motion sickness treatment (Dramamine, patches, bracelets, etc.)	
Shampoo treatments relating to treatment of psoriasis and lice	
Skin care (Eczema cream, diaper rash ointment, sunburn relief, sunscreens, wart removers, etc)	
Stomach/digestive relief (Imodium, Pepto-Bismol, Lactaid, etc.)	
Tooth and mouth pain relievers	

II. Not Reimbursable (merely beneficial to good health)	*Exceptions – Eligible for reimbursement when prescribed by a licensed health care professional. The statement of medical necessity must include patient's name; diagnosed condition and recommended treatment; and be written, signed and dated by the licensed health care professional.
Cosmetics (makeup, lipstick, cotton balls/swabs, etc.)	
Denture care (adhesive creams/cleaners)	
Hair Care (shampoo, condition, brushers, hair-loss/removal products)	
Homeopathic medicines	
Nutritional and dietary supplements (bars, milkshakes, powder drinks, etc.)	*Supplements prescribed by a healthcare professional.
Personal hygiene products (deodorant, soap, body powder shaving cream, razors, feminine care, nail clippers/scissors, nail files, etc.)	
Routine dental care (toothpaste, toothbrush, electric toothbrush, floss, mouthwash of any type, teeth-whitening, etc.)	
Skin care (lotion, lip balm, petroleum jelly, etc.)	
Sleep aids (oral medications, snoring strips, stimulants, etc.)	*Sleep Aids prescribed by a health care professional.
Vitamins	*Vitamins prescribed by a health care professional.
Weight-reduction aids (SlimFast, Water-retention products, appetite suppressants, etc.)	*Weight-reduction products prescribed by a health care professional.